

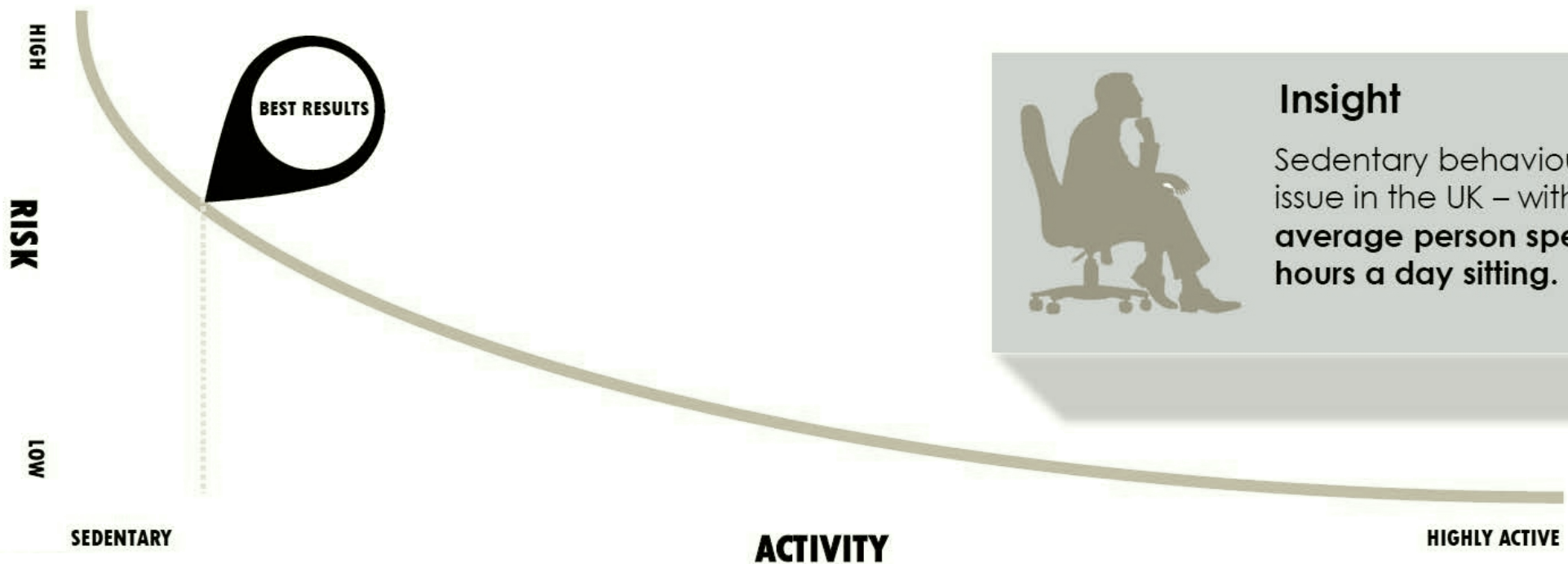
*Equip the home office with the  
right furniture*



**e | F | G**  
UNITED KINGDOM

# Sit-Stand users are seeing significant results

Employers have the ability to improve their employees wellbeing significantly by investing in furniture designed for an active office. **The most positive results on our health happen when introducing light activity to an otherwise sedentary lifestyle.** With 78% of UK office workers feeling that they spend too much time sitting in sedentary office environments - it is no surprise that companies investing in sit-stand workstations are seeing such positive results.

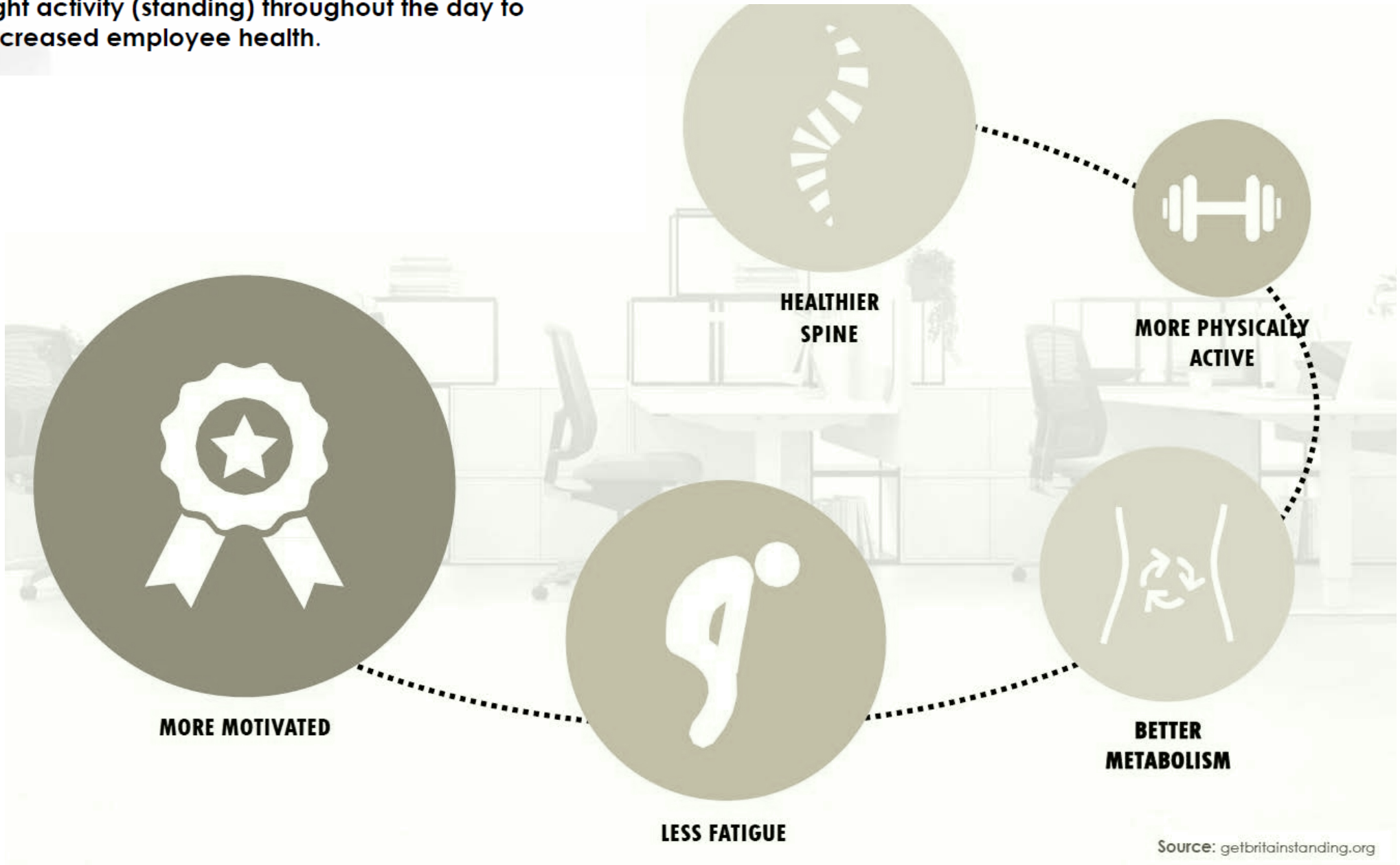


## Insight

Sedentary behaviour is a big issue in the UK – with the **average person spending 8.9 hours a day sitting.**

# The benefits of an active workplace

Expanding scientific evidence links intervals of **light activity (standing)** throughout the day to **increased employee health.**





# FIND A

# SPACE

*@Home*

**EFG offers high-quality, ergonomic furniture that blends into any domestic environment and creates a functional and effective home office.**

NEW



**Homefit**



**Active**



**Rise**

NEW



**Solo**

## Create a safe and comfortable home workplace

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NEW

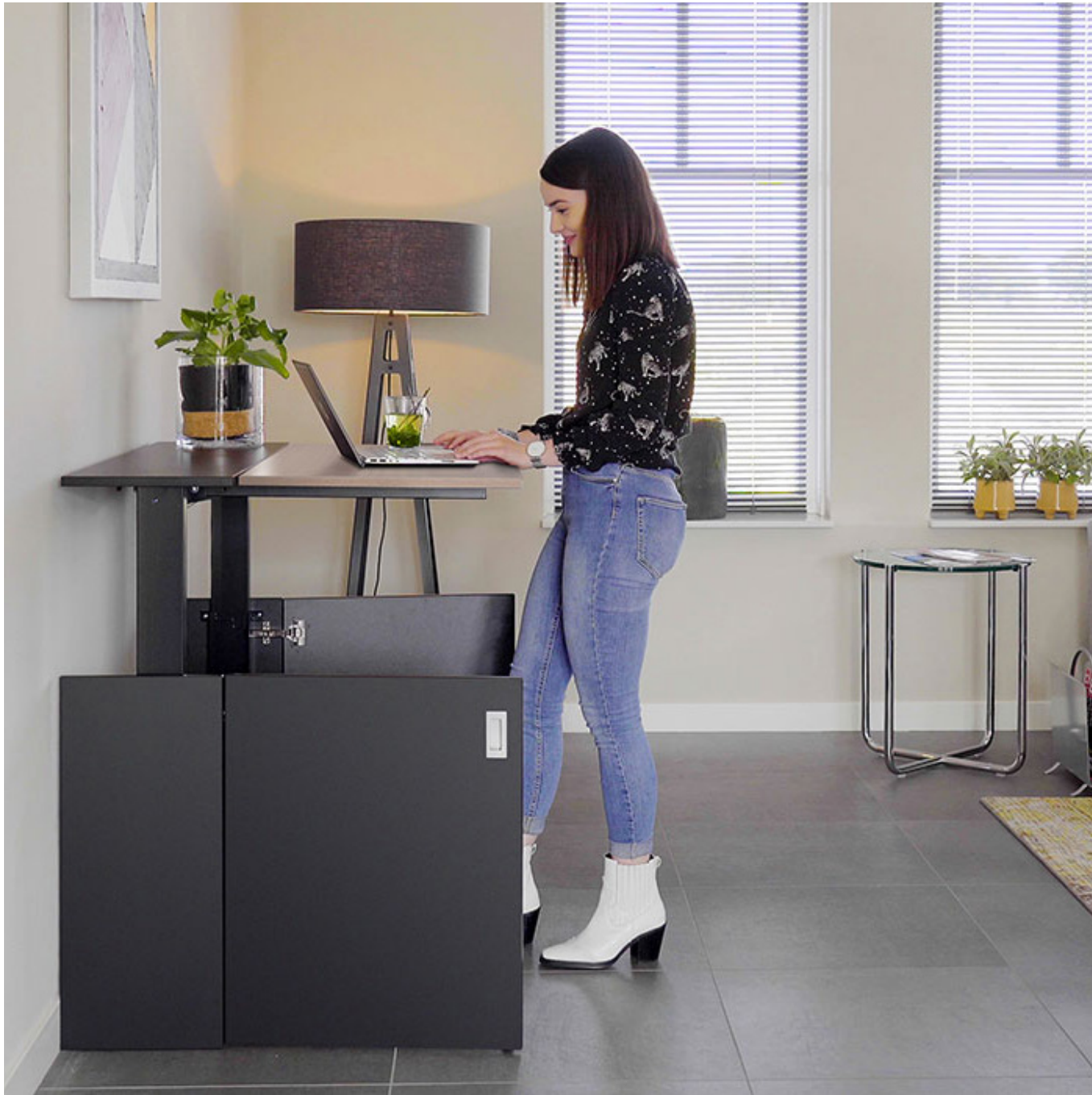


**Quickstand Eco**

Flexible working conditions with the option of working from home have become an increasingly important aspect of being an attractive employer.

In a survey from International Workplace Group, 80% of respondents say that flexible working helps a company to recruit and retain the best talents.

The benefits of a good working environment are better mental and physical health, and lower sickness absence, but also improved employee performance. To work safely, ergonomically and effectively, we offer office furniture that fits into every home.



# HOMEFIT

Compact Sit-Stand desk concealed within a sleek cabinet. (height adjustable 68 -118 cm)

**HFIT10 / 1000w / £POA**

 3 Weeks Lead-time

 5 Year Warranty

**NEW**



ALL WHITE



ALL BLACK



BLACK WITH  
OAK TOP



# ACTIVE

Electric Sit-stand desk with cable management

**ACTIVE086** / 800w / £POA

**ACTIVE106** / 1000w / £POA

**ACTIVE126** / 1200w / £POA

\*Pricing is exclusive of VAT

 10 working days

 5 Year Warranty





# RISE

Rise is a sit/stand desk with simplicity in focus.

 10 working days

 5 Year Warranty







# SOLO

Single column - height-adjustable table ideal for small spaces.

 3 Weeks Lead-time

 5 Year Warranty






# QUICKSTAND ECO

Compact, stylish and ergonomic, portable sit-stand desk

**QSECOL** / Sit-stand for laptop / £POA

**QSECOM** / Sit-stand for monitor / £POA

 2 working days Lead-time

 5 Year Warranty

**NEW**



ALL WHITE



ALL BLACK





TAKE A

SEAT

*@ Home*



Woods



Soul



One



Yoyo



Ellie Ergo



Ellie



Ellie Mesh



Joi